

BRAZIL-021 HOUSTON

SCHOOL OF JIU-JITSU



ADULT MUAY THAI SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MUAY THAI CARDIO KICKBOXING 10:00-11:00 AM		MUAY THAI CARDIO KICKBOXING 10:00-11:00 AM	RESERVED FOR PRIVATE SESSIONS	ADULT MUAY THAI ALL LEVELS 9:00-10:0 AM
ADULT MUAY THAI ALL LEVELS 6:15-7:15 PM		ADULT MUAY THAI ALL LEVELS 6:15-7:15 PM		ADULT MUAY THAI ALL LEVELS 6:15-7:15 PM	