

BRAZIL-021 HOUSTON

SCHOOL OF JIU-JITSU



MUAY THAI/CARDIO KICKBOXING

- MONDAY
- TUESDAY
- WEDNESDAY
- THURSDAY
- FRIDAY
- SATURDAY

MUAY THAI CARDIO 10:00-11:00 AM	MUAY THAI CARDIO 10:00-11:00 AM	MUSY THAI CARDIO 10:00-11:00 AM	MUAY THAI CARDIO 10:00-11:00 AM		ADULT MUAY THAI ALL LEVELS 10:00-11:00 AM
YOUTH MUAY THAI 5:00-5:45 PM		YOUTH MUAY THAI 5:00-5:45 PM			
ADULT MUAY THAI ALL LEVELS 6:15-7:15 PM		ADULT MUAY THAI ALL LEVELS 6:15-7:15 PM		ADULT MUAY THAI ALL LEVELS 6:15-7:15 PM	

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