

BRAZIL-021 HOUSTON

SCHOOL OF JIU-JITSU

OUR SCHEDULE

*Private Sessions Available Upon Scheduling



BRAZILIAN JIU-JITSU

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM 6:30 AM	ALL LEVELS (ADULTS - DOWNTOWN)	ALL LEVELS (ADULTS)	ALL LEVELS (ADULTS - DOWNTOWN)	ALL LEVELS (ADULTS)	NO GI (ADULTS - DOWNTOWN)	
9:00 AM 10:00 AM						FAMILY CLASS
10:00 AM 11:00 AM						ALL LEVELS (ADULTS)
11:00 AM 12:00 PM	ALL LEVELS (ADULTS)	ALL LEVELS (ADULTS)	ALL LEVELS (ADULTS)	ALL LEVELS (ADULTS)		NO GI (ADULTS)
5:00 PM 5:45 PM	FUTURE CHAMPIONS (3-6 Yrs)		FUTURE CHAMPIONS (3-6 Yrs)			
6:00 PM 7:00 PM	JUNIORS I (7-9 Yrs)	JUNIORS II (10-13 Yrs)	JUNIORS I (7-9 Yrs)	JUNIORS II (10-13 Yrs)		
7:00 PM 8:00 PM	ALL LEVELS (ADULTS)	ALL LEVELS (ADULTS)	ALL LEVELS (ADULTS)	ALL LEVELS (ADULTS)		

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 AM 12:00 PM						ALL LEVELS (ADULTS)
12:00 PM 1:00 PM	ALL LEVELS (ADULTS)		ALL LEVELS (ADULTS)		ALL LEVELS (ADULTS)	
6:00 PM 6:45 PM	YOUTH (5-13 Yrs)		YOUTH (5-13 Yrs)		YOUTH (5-13 Yrs)	
7:00 PM 8:00 PM	ALL LEVELS (ADULTS)		ALL LEVELS (ADULTS)		ALL LEVELS (ADULTS)	