

ADULT BRAZILIAN JIU-JITSU SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	BJJ ADULT ALL LEVELS 5:30-6:30 AM		BJJ ADULT ALL LEVELS 5:30-6:30 AM	RESERVED FOR PRIVATE SESSIONS	
BJJ ADULT ALL LEVELS 11:00-12:00 PM	BJJ ADULT NO GI 10:00-11:00 AM	BJJ ADULT ALL LEVELS 11:00-12:00 PM	BJJ ADULT NO GI 10:00-11:00 AM		BJJ ADULT ALL LEVELS 11:30 -12:30 PM
BJJ ADULT FUNDAMENTALS 6:30-7:30 PM	BJJ ADULT ADVANCED 7:30-8:30 PM	BJJ ADULT FUNDAMENTALS 6:30-7:30 PM	BJJ ADULT ADVANCED 7:30-8:30 PM		

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BJJ ADULT
NO GI



BJJ ADULT
ADVANCED



BJJ ADULT
ALL LEVELS



BJJ ADULT
FUNDAMENTALS