

# BRAZIL-021 HOUSTON

SCHOOL OF JIU-JITSU

## MUAY THAI/CARDIO KICKBOXING



- MONDAY
- TUESDAY
- WEDNESDAY
- THURSDAY
- FRIDAY
- SATURDAY

CARDIO KICKBOXING  
6:00-7:00 AM

ADULT MUAY THAI ALL LEVELS  
11:00-12:00 PM

YOUTH MUAY THAI  
5:00-5:45 PM

ADULT MUAY THAI ALL LEVELS  
6:15-7:15 PM  
LIVESTREAMED

CARDIO KICKBOXING  
6:00-7:00 AM

ADULT MUAY THAI ALL LEVELS  
11:00-12:00 PM

ADULT MUAY THAI ALL LEVELS  
6:15-7:15 PM  
LIVESTREAMED

ADULT MUAY THAI ALL LEVELS  
11:30-12:30 PM

ADULT MUAY THAI ALL LEVELS  
6:15-7:15 PM  
LIVESTREAMED

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